



Creative
Kinesiology
Association

**Gathering & AGM at The Ammerdown Centre, Radstock
19th October 2pm - 21st October Lunch**

Agenda

Friday 19 th	Session
2.00 - 2.30pm	Welcome & Introductions
2.30 - 4.00pm	Resourcing our clients - safety & support - Carrie Brainstorm, discussion in groups and share
4.00 - 4.30pm	Tea break
4.30 - 5.00pm	AGM - Chaired by Sally
5.00 - 5.30pm	Basic pre-checks - a new look at these - Ali & ChaNan
5.30 - 6.30pm	Tech / business club - Judith, Vic & Jo Up-date on Social Media - Sarah-Jayne
6.30 - 7.00pm	Break and time to settle in to rooms
7.00pm	Tech club for help with website entries Supper
8.00pm onwards	Bar open 'Gong Bath' offered by Karen W
Saturday 20th	
8.00 - 9.00am	Breakfast
9.15 - 10.45am	Ancestral Jing & Spiritual Jing – working with inherited Stress, Shock, Anxiety & Trauma – Carrie Ancestral Patterns in South-East / North-West axis of the Medicine Wheel – Sally Start group balance (will continue during time together)
10.45 - 11.15	Coffee break

Saturday 20th cont.	Session
11.15 - 12.00	Extended Witnessing Checks: Thymus, VF, VB, IS, IR & HC inc introduction to the 'Window of Tolerance' – Ali & ChaNan Including 'Stepping back into the place of meeting' - ChaNan
12.00 - 12.30pm	Working as a kinesiologist with non-neurotypical people. Including dyslexia, dyspraxia, ADHD, autism spectrum - and how these might impact on communication, muscle testing & embodiment - Claudine
12.30-1.45pm	Lunch / relaxation & fresh air break
1.45 - 2.45pm	Introduction to stress, anxiety, shock & trauma in our work - checking the nervous system and practice - Carrie
2.45 - 3.45pm	'Meeting Yourself & 3 Pointing Balance' & New File - Karen W
3.45 - 4.15pm	Tea break
4.15-6.30pm	Re-visiting techniques to assist in balancing/releasing stress, shock, anxiety & trauma TMJ Muscle Groups Diaphragms & BEST Dragon Points Nervous/hormonal system
6.30-7.30pm	Supper
7.30 onwards	Bar 'Swap & Shop' stalls open
Sunday 21st	
8.00-9.00am	Breakfast
9.00-10.30am	Group Balance - continuation & completion Individual balances in 2s
10.30-11.00am	Coffee break
11.00-12.30pm	Individual balances in 2s Any final bringing together of threads and complete before lunch
12.30 onwards	Lunch and depart