



## **Head of CK's Report September 2016-2017**

We had a great Gathering in April of 2016 - a lovely bunch of people, interesting topics and our BCMA membership confirmed by a very impressed Keith from the BCMA. Since then we have developed, strengthened and expanded. With a 40+ membership of our newly formed Creative Kinesiology Association, we definitely have places to go and people to work with!!

Our Teaching Team has continued to meet regularly - and provides a supportive way for teachers to develop their training course presentation and skills. Training courses are being held in many different parts of the country - and we look forward to even more as our teaching team expands.

New practitioners are 'taking off', ready and willing to offer the wonderful work of CK to the people. I am aware that this process is not always easy. Finding local supports and new clients is a huge task. This is why we require practitioners to have personal sessions and mentoring regularly to support the work that is involved in running a practice. And we have seen the results - it actually works.

### **The CK Management Team**

The Management Team has taken a burden from me - and is developing further into being a highly effective way of managing and supporting the growth of CK. This year we are looking for volunteers to join us on the Management Team and in particular someone to 'shadow' me - someone who may wish to become Chair of the CK Association. I am not about to jump ship - but seeing my way to taking another step back - still part of the CK Association, still supporting the Management Committee and the Teaching Team- but preparing to hand over the reins in the foreseeable future.

We are so fortunate to have:

- Ali taking on the Finance and Administration part of the running of the CKA, which includes our BCMA membership;
- Judith tackling the website and bringing it up to date as well as bringing other aspects of the running of CK into line with our modern day CK;
- Sal as my co-Director of CK Ltd and a great support;

- Iona as our voice on the BCMA;
- Sal and Jo as well as Ali bringing business planning to our attention;
- Sarah-Jayne editing the monthly newsletter;
- Karen looking after our database
- ChaNan, along with Tracey adding their energy and help with developments in all areas as they arise.

## Offerings

We have a great number of CPDs courses and workshops on offer - run by our teachers: Journey with the Seasons, Mentoring Groups, Ancestral understanding, Medicine Wheel teachings, Rebooting, Brushing up on the 5 Elements, Mayan Medicine Wheel workshops and others. Rich offerings indeed!

And In addition we have some wonderful Core Subject training courses in A&P, Nutrition, Practice Management and Inter-personal Skills. I am developing a new 6-day Inter-personal Skills course - new in that it will focus on the body and so it will be a Body-Oriented Core subject. This will be advertised for next Spring-time.

It remains for me to say thank you to all those who are contributing to our CK work. To our practitioners, our teachers, members of the Management Team and to you who have come to meet up for this AGM day. We value you all. I am looking forward to the year ahead and further interesting days!

With love,  
Carrie